

EASTERN NEW YORK YOUTH SOCCER ASSOCIATION and Its Participating Leagues

RETURN TO SOCCER ACTIVITY GUIDELINES UPDATE



State Association

Club Responsibilities

- ❖ Create and distribute protocols to its members.
- ❖ Contact any additional insurers if your club holds any policies outside of what is included in your Eastern New York Youth Soccer Association's membership to ensure all coverages.
- ❖ Post signs in highly visible locations (i.e., at entrances and exits, and in restrooms) that promote everyday protective measures and describe how to stop the spread of germs such as by properly washing hands and properly wearing a cloth face covering (<https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc> for sample signs from the CDC).

Return-to-Play Guidelines

- ❖ Maintain a complete list of coaches, youth athletes, and league officials present at each event to include the date, beginning and ending time of the event, name, address and phone contact to be made available upon the request from the local health department.
- ❖ Clean and disinfect frequently touched surfaces on the field surface at least daily, or between uses as much as possible. Use of shared objects and equipment should be limited or cleaned between uses by each individual if possible.
- ❖ Have an effective communication plan in place, identify strategies for working with public health to notify adult leaders, youth and their families if the organization learns a player or coach has contracted COVID-19 and may have been infectious to others while at a youth activity, while maintaining confidentiality.
- ❖ Be sensitive and accommodating to parents that may be uncomfortable with returning to play too quickly.
- ❖ Train and educate all staff to protocols and requirements, including state and local regulations, CDC recommendations and other necessary information.

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- ❖ Be prepared to shut down and stop operations. Develop plans for temporary closure of indoor facilities and cancel outdoor activities or camps to properly disinfect and ensure other adult leaders or youth are not infected.
- ❖ Provide adequate field space for social distancing.
- ❖ Provide hand sanitizing stations and waste receptacles at fields.
- ❖ Develop a relationship and a dialog with local health officials. (identify Risk Tolerance)

Coach Responsibilities

- ❖ Ensure the health and safety of all players.
- ❖ Inquire how the athletes are feeling, send them home should you believe they act or look ill.
- ❖ Follow all state and local health protocols.
- ❖ Ensure all athletes have their individual equipment (ball, water bottles, bag, etc.)
- ❖ Coach is the only person to handle all practice equipment. (cones, disk etc.)
- ❖ Coach to sanitize/clean all personal training equipment before and after each session (e.g. cones, discs, etc.)
- ❖ All training should be outdoors and ensure social distancing per state or local health guidelines.
- ❖ Always wear a face mask, when not actively coaching, maintain social distance requirements from players based on state and local health requirements.
- ❖ Have fun, stay positive – players and parents are looking to you to stay calm, supportive and caring during this time.
- ❖ The use of scrimmage vests or pinnies is not recommended at this time.

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Parent Responsibilities

- ❖ Ensure child is healthy and check your child's temperature daily.
- ❖ Limited or no carpooling with other players.
- ❖ Stay in car or adhere to social distance requirements, based on state and local health requirements.
- ❖ When at practice wear mask if outside your car.
- ❖ Ensure child's clothing is washed after every training session.
- ❖ Ensure all equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
- ❖ Notify member organization immediately if your child becomes ill for any reason.
- ❖ Do not assist coach with equipment before or after training.
- ❖ Be sure your child always has sanitizer with them.

Player Responsibilities

- ❖ Take temperature daily.
- ❖ Wash hands thoroughly before and after training.
- ❖ Bring and use, hand sanitizer with you to every training.
- ❖ Wear mask before and immediately after all training.
- ❖ Do not touch or share anyone else's equipment, water, snack or bag.
- ❖ Practice social distancing, place bags and equipment at least 6 feet apart.
- ❖ Wash and sanitize all equipment before and after every training.
- ❖ No group celebrations, no high 5's, hugs, handshakes etc.

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Additional Resources:

CDC Considerations for Youth Sports: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

CDC and New York State Department of Health assemblage and distance guidelines.

https://www.health.ny.gov/prevention/prevention_agenda/2019-2024/index.htm

CDC COVID-19 New York State: <https://coronavirus.health.ny.gov/home>

CDC COVID-19 Symptoms: <https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.html>

CDC: Sample Signs with Symptoms, Stopping the Spread of Germs, etc., from the CDC website:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/printresources.html?Sort=Date%3A%3Adesc>

CDC: How to Protect Yourself and Others <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

<https://forward.ny.gov/>

US Soccer Return-to-Play: 5 Phases Overview (<https://www.ussoccer.com/playon>).

US Soccer Play-On Guide <https://www.ussoccer.com/playon/guides/phase-1-grassroots>